

Get a Kit



A public service announcement from:

City of Providence
Emergency Management Agency
591 Charles Street
Providence, Rhode Island 02904
401.228.8000

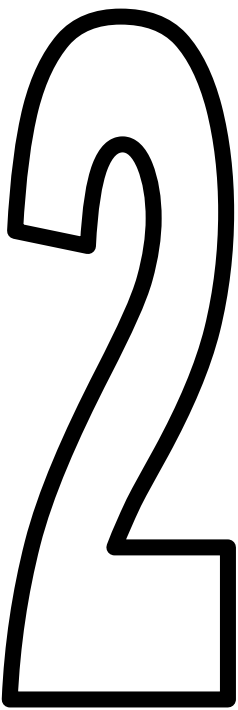
Honorable David N. Cicilline, Mayor

The Providence Emergency Management Agency recommends the following items to be included in your family's basic emergency supply kit:

- WATER**, one gallon of water per person per day for at least three days, for drinking and sanitation.
- FOOD**, at least a three-day supply of non-perishable food.
- Battery-powered or hand crank **RADIO** and a **NOAA WEATHER ALERT RADIO** with spare batteries.
- FLASHLIGHT** and spare batteries.
- FIRST AID KIT**
- WHISTLE** to signal for help.
- DUST MASK**, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place.
- MOIST TOWELLETES AND GARBAGE BAGS** for personal sanitation.
- WRENCH** or **PLIERS** to turn off utilities
- CAN OPENER** for food (if kit contains canned food)
- LOCAL MAPS**

Additional items to consider adding to an emergency supply kit:

- Prescription medications and glasses.
- Infant formula and diapers.
- Pet food and extra water for your pet.
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container.
- Cash or traveler's checks and change.
- Emergency reference material such as a first aid book or information from www.ready.gov.
- Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.
- Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes.
- Household chlorine bleach and medicine dropper to sanitize water.
- Fire Extinguisher
- Matches in a waterproof container.
- Feminine supplies and personal hygiene items.
- Mess kits, paper cups, plates and plastic utensils, paper towels.
- Paper and pencil.
- Books, games, puzzles or other activities for children.



Make a Plan



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1. Stay in touch...

During an emergency, local telephone and cellular phone service may be interrupted. However, long distance service from pay phones or even your home phone may still work. Identify an out-of-state family member or friend that your family can check in with.

Out of town contact person:	Phone number :
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2. Reunite...

If you needed to leave your home, what are your family's evacuation meeting locations? Identify and familiarize multiple locations (close to home and outside of your neighborhood) and practice traveling to these sites using different routes to get there.

Neighborhood meeting place:	Regional meeting place:
Address and phone number:	Address and phone number:

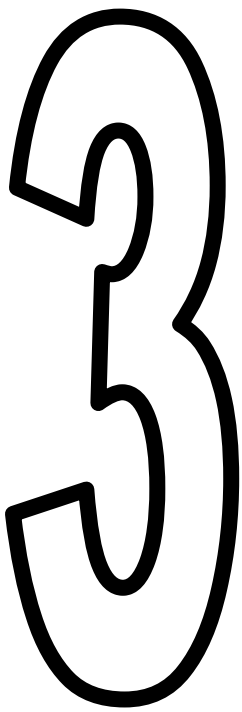
3. Important Family Information...

During an emergency, family members may become missing or injured. Record important family information so that you can provide this information to emergency officials. Take a current photograph of each family member and include it within this plan.

Family member's name:	Date of Birth	Important medical information:
Cellular phone #:	Social Security #:	
Family member's name:	Date of Birth	Important medical information:
Cellular phone #:	Social Security #:	
Family member's name:	Date of Birth	Important medical information:
Cellular phone #:	Social Security #:	
Family member's name:	Date of Birth	Important medical information:
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More information on the back of this page





Be Informed



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The Providence Emergency Management Agency recommends these sites as sources of information for both preparedness and emergency information. Spend time navigating through these websites and become know how to find radio and television stations from battery powered televisions or radios.

<p>Local television:</p> <ul style="list-style-type: none"> <input type="checkbox"/> ABC 6 (WLNE) http://www.abc6.com <input type="checkbox"/> NBC 10 (WJAR) http://www.turnto10.com <input type="checkbox"/> CBS 12 (WPRI) http://www.wpri.com 	<p>Local radio stations:</p> <ul style="list-style-type: none"> <input type="checkbox"/> 94 HJY (WHJY) http://www.whjy.com <input type="checkbox"/> B101 (WWBB) http://www.b101.com <input type="checkbox"/> Latina 100.3 (WKKB) http://www.latina.com <input type="checkbox"/> WBRU 95.5 (WBRU) http://www.wbru.com <input type="checkbox"/> Cat Country 98.1 (WCTK) http://www.wctk.com <input type="checkbox"/> WHJJ AM 920 (WHJJ) http://whjjam.com <input type="checkbox"/> WSNE 93.3 (WSNE) http://wsne.com <input type="checkbox"/> 92 Pro FM (WPRO) http://92profm.com <input type="checkbox"/> Lite 105 (WWLI) http://lite105.com <input type="checkbox"/> 630 WPRO (WPRO) http://630wpro.com
<p>Weather:</p> <ul style="list-style-type: none"> <input type="checkbox"/> National Hurricane Center http://www.nhc.noaa.gov/ <input type="checkbox"/> National Weather Service – Boston, MA http://erh.noaa.gov/er/box <input type="checkbox"/> National Weather Service – NOAA Radio 162.400 MHz. 	<p>Emergency Management Links:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Providence Emergency Management Agency http://www.providenceri.com/PEMA <input type="checkbox"/> Rhode Island Emergency Management http://www.riema.ri.gov/ <input type="checkbox"/> Federal Emergency Management Agency http://www.fema.gov
<p>General Disaster Preparedness:</p> <ul style="list-style-type: none"> <input type="checkbox"/> For your family: Ready.gov http://www.ready.gov American Red Cross http://www.redcross.org <input type="checkbox"/> For your pet: American Veterinary Medical Association http://www.avma.org/disaster/vmat/ 	

